



## Detox Mint Julep

**Prep time: 5 minutes**

**Serves 2**

- 2 ripe pears
- 1 cup celery, in 2" pieces
- 1 cucumber, coarsely chopped
- 1 lemon, peeled
- 1 lime, peeled
- 1" piece ginger, peeled
- 4 mint leaves

Place all in a high-powered blender and blend until smooth, adding water as needed. Add ice and blend again. Pour into two glasses and garnish with spring of mint.



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